

The oldest institute at the Pontifical University of Saint Thomas, the Institute of Spirituality exists at the heart of the Angelicum's dynamic life of prayer and study, and its students participate in this vibrant environment.

Each year the faculties and institutes of the Angelicum offer a wide range of events that expose students and faculty to the best in contemporary theology, discussed from within the Dominican traditions of theological reflection. The students of the Institute are encouraged to participate in these events.

The Institute is part of the Faculty of Theology, which collaborates closely with the Faculties of Philosophy, Canon Law and Social Studies.



“The spiritual life will first and foremost be life in Christ, through our participation in the mystery of his redemption, by which we are established in relationship with the true God, Father, Son and Spirit”.

Michel Labourdette, o.p.

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PONTIFICIA UNIVERSITÀ S. TOMMASO D'AQUINO



Institute of Spirituality

at the Angelicum

The spiritual life

is lived by charity.

St. Thomas Aquinas

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INSTITUTE OF SPIRITUALITY

The Institute of Spirituality at the Angelicum studies spiritual growth in the Christian life. All Christians are called to grow in holiness: “living the truth in love, we are to grow up in every way into him who is the head, the Christ” (Eph 4.15). The Institute is dedicated to studying the character of this growth.



Working from a unified vision of sanctification in both the ascetical and mystical aspects of the Christian life, the Institute draws on biblical and patristic sources as developed by the Dominican tradition of spiritual reflection to offer a holistic account of Christian holiness and the call to perfection.

The diploma Program: The Institute offers a yearlong (two semester) diploma program in Spirituality. The program has a twofold goal:

- to help formators deepen their understanding of spiritual theology in both theory and practice;
- to offer a time of spiritual and theological renewal for clergy, religious and laity at the heart of the Church.



The program contains 10 lecture courses and 2 dedicated seminars.

Some courses are obligatory for all students and others are elective according to the student's own interests.

Elective courses allow students to focus on particular saints, schools of spirituality, or on themes such as prayer, grace, and consecrated life.

The dedicated seminars provide students the opportunity to discuss together the great themes in spiritual theology and to develop their skill of analysis and presentation.



Ordinary students take examinations and receive credit for their participation in the courses and seminars. On successful completion of all requirements, they gain a diploma in Spirituality.

Auditors register to follow the courses and participate in the seminars without taking the examinations or gaining credit.